## **Cleveland Clinic**



## **Healthy You, Healthy Families**

## What Moms, Dads, Grandmas, Grandpas and Babysitters Need to Know About Safe Baby Care!

Join us for this FREE event! Discussion topics will include:

- Pediatric and Pre-Natal Care
- Safe Sleep
- Breastfeeding and Nutrition
- Infant CPR
- Child Seat Safety
- Fatherhood Initiatives

The **Healthy You, Healthy Families** program connects new and expectant moms and dads to community resources, support and knowledge that will help their babies thrive during their first year and beyond. Created in response to the high rate of infant mortality in Ohio, the program is made up of support groups, hospital tours and community baby showers that educate family members and other caregivers about the basics of safe baby care.

WHEN:	Saturday, July 15, 2017
WHERE:	Garfield Heights Library 5409 Turney Road Garfield Heights, OH 44125
TIME:	12:00 - 2:00 p.m.
REGISTER:	Online at <u>www.ccf.org/HYHFMarymount</u> or contact Jeff Jameyson at 216-312-5640 or jameysj@ccf.org.
SPONSORS:	Coartield Heights
	Hep me grow. Cuyahoga County Fatherhood Initiative
	Pregnant with Possibilities Wamankind



Cleveland Clinic's Office of Government & Community Relations centers around the Let's Move It® initiative - our strategy for improving the overall well-being of the residents in the communities we serve by positively "moving the dial" on healthy lifestyles, education, economic vitality, legislation, and policy. www.ccf.org/GCR